

HEALTH HISTORY

| DOB:

Summary

|                    |             |
|--------------------|-------------|
| Medical Conditions | none listed |
| Allergies          | none listed |
| Medications        | none listed |

General Health Information

|                                                                                                                                                                                           |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Are you currently under the care of a physician?                                                                                                                                          |  |
| Who are the healthcare or holistic providers you currently (within the last 12 months) see? (le, physician, chiropractor, naturopath, nurse practitioner, homeopath, acupuncturist, etc.) |  |
| Are you presently being treated for any injury or illness?                                                                                                                                |  |
| Have you ever been hospitalized for an injury or illness?                                                                                                                                 |  |
| What is the name and location of your preferred pharmacy?                                                                                                                                 |  |
| Are you pregnant or planning to become pregnant?                                                                                                                                          |  |
| Are you currently breastfeeding?                                                                                                                                                          |  |
| Are you required to pre-med with antibiotics before dental treatment?                                                                                                                     |  |
| Do you use alcohol?                                                                                                                                                                       |  |
| Do you use or have you ever used tobacco?                                                                                                                                                 |  |
| Have you ever had an allergic reaction?                                                                                                                                                   |  |

Medical Conditions

|                                                                                               |  |
|-----------------------------------------------------------------------------------------------|--|
| Please check all conditions that you have history of or are currently being treated for       |  |
| Do you have a history or are currently being treated for any Digestive conditions?            |  |
| Do you have a history or are currently being treated for any Heart or Circulatory conditions? |  |
| Do you have a history or are currently being treated for any Neurological conditions?         |  |
| Do you have a history or are currently being treated for any Lung or Breathing conditions?    |  |
| Do you have a history or are currently being treated for any Autoimmune conditions?           |  |
| Head or neck injuries?                                                                        |  |
| Artificial Joint?                                                                             |  |
| High cholesterol?                                                                             |  |
| History of cancer?                                                                            |  |
| Tumor or abnormal growth?                                                                     |  |
| Radiation therapy?                                                                            |  |
| Chemotherapy?                                                                                 |  |
| HIV / AIDS?                                                                                   |  |
| Osteoporosis / osteopenia?                                                                    |  |

|                                                                                                  |  |
|--------------------------------------------------------------------------------------------------|--|
| Type I or Type II diabetes?                                                                      |  |
| Anemia?                                                                                          |  |
| Kidney disease?                                                                                  |  |
| Liver disease?                                                                                   |  |
| Thyroid disease?                                                                                 |  |
| Tuberculosis / measles / chicken pox?                                                            |  |
| Any other medical condition we should know of?                                                   |  |
| Do you snore?                                                                                    |  |
| Has someone observed you stop breathing while sleeping?                                          |  |
| Do you often feel tired during the day?                                                          |  |
| Have you been diagnosed with sleep apnea?                                                        |  |
| Have you had any vaccinations/injections/shots/boosters designed for the prevention of COVID-19? |  |

### Medications

| Please check all medications you are currently taking                    |  |
|--------------------------------------------------------------------------|--|
| Are you taking any pain medications?                                     |  |
| Are you taking any Antidepressants or Anxiety medications?               |  |
| Are you taking any Diabetes, Cholesterol, or Blood Pressure medications? |  |
| Are you taking any Allergy or Asthma medications?                        |  |
| Are you taking any Antibiotics?                                          |  |
| Are you currently taking any other medications or dietary supplements?   |  |

Patient's signature:

Date:

Doctor's signature:

Date: